



APPROPRIATE PHYSICAL CONTACT POLICY

Last updated: January 2026

Purpose and scope

In dance education, physical contact may sometimes be necessary to support safe technique, alignment and injury prevention. This policy ensures that all physical contact is appropriate, professional, respectful and child-centred.

This policy applies to all staff and teachers working with children and young people.

Principles of appropriate contact

We believe that physical contact should:

- always have a clear educational or safety purpose
- be explained before it occurs
- respect the child's dignity, comfort and boundaries
- never be secretive, coercive or invasive

Children have the right to say no to physical contact and to have their boundaries respected.

Good practice

Staff will:

- explain corrections verbally wherever possible
- demonstrate techniques visually before using touch
- seek consent when appropriate
- be aware of individual needs, sensitivities and cultural differences

Raising concerns

Any discomfort, uncertainty or concern about physical contact should be raised immediately and will be addressed sensitively and seriously.

Contact

Questions or concerns should be directed to:

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